The Year In Review

Dear Friends,

Thank you for your support of our work at Friends of Youth. We are pleased to provide this report to you for FY2018. The year just ended was filled with both extraordinary successes and extraordinary challenge. To focus only on the former, and to ignore the latter, leaves us ill prepared to continue our shared work to ensure that all youth have every opportunity to succeed. We have summarized both below, knowing that, like us, you will be energized and inspired by our recent accomplishments, tempered by a clear view of what we must do to create the world we desire for our children.

New

New WiSe/Wraparound Supports—Friends of Youth has become the WiSe/Wraparound provider for youth and families with complex needs for the Tahoma, Issaquah, Snoqualmie Valley, Riverview and Skykomish school district communities.

Primary Care & Behavioral Health Co-Located in Snoqualmie Valley—We opened our new office in North Bend, and welcomed Snoqualmie Valley Hospital as a partner in providing primary care services at our clinic, reciopicating with a therapist available at the SVH clinic on Snoqualmie Ridge. This is another step toward the full integration of physical and behavioral health services that put youth at the center of a network of support.

Making Room for One More Family—As the year ended, we were wrapping up our remodel of New Ground Sandpoint, updating our facility at Magnuson Park, while adding capacity to house one additional young family experiencing homelessness.

Call to Action

Licensing New Foster Parents—Working with partners across the State, we are dedicated to increasing the number of licensed foster homes in Washington, responding to the reality that we have too few homes available to youth most in need of fostering.

Supporting Unaccompanied Immigrant Youth—Friends of Youth continues to provide therapeutic support and foster care for unaccompanied, undocumented youth in our country without a family. As our nation wrestles with immigration reform we remain resolute in our commitment to serving these vulnerable young people.

Behavioral Health for Children, Youth and Families—For the past five years we have been dedicated to increasing access to behavioral health service and education, working toward our vision: a counselor in every school, every day, beginning in elementary school, teaching children the skills they need to be behaviorally healthy. While we have not yet realized this vision, we are encouraged by the increasing recognition across our community that quality behavioral health should be a basic support for every child, youth and family.

We are grateful for your support, for the seriousness with which you take our shared obligation to better serve our children, youth and families, and for your joyful and generous acceptance of that responsibility. Together, we are achieving our vision of a caring community where every young person has every opportunity to succeed.

Terry Pottmeyer, President & CEO

William Savoy, Board Chair, FY 2017

What We Do

Friends of Youth partners with youth and families to provide the relationships, resources, and skills they need to attain personal growth and success. We provide services in three core program areas:

Child Welfare Services
Foster care, residential treatment services, emergency shelter and extended foster care to age 21.

Youth & Family Services
Licensed mental health and substance use disorder counseling, prevention, home visiting, school based services and WiSe/Wraparound.

Homeless Youth Services
Street outreach, drop-in, emergency shelter, case management, housing, employment, education and supports for social and emotional wellbeing

How We Do It

We are committed to services that reflect our commitment to placing youth at the center of our work.

Professionally accredited: We adhere to best practice standards.

Youth-centered: We listen to youth and allow their words and goals to play a central role in their journey of help and healing.

Culturally-tailored: We design our services by incorporating culturally-specific information for each individual.

Strength-based: We focus on an individual's unique, positive qualities and resilience.

Trauma-informed: We provide services that recognize and respond to the impact of previous trauma for clients in our care.

Community-based: We partner with other service providers, community organizations, and funders to improve outcomes for youth.

Why It Matters

Our vision is a community where all youth have every opportunity to succeed. Together, we are working every day to ensure that all of our youth are stably housed, and successfully engaged in school or work; that all of our youth have created goals for their continued growth and success; and that all of our youth possess a sense of belonging within a healthy community.

Thank you for your partnership!
Thank You Supporters

This annual report lists the name of every donor and supporter this fiscal year. Every gift matters, and we are honored to have so many caring individuals, companies and governmental entities on our team for youth.
When a House Becomes a Home

Our New Roads programs serve fifteen refugee and immigrant youth who have received legal status but are unaccompanied, meaning they have no family or relatives here in the States. The program provides housing, support and structure to help these foster youth as they adjust to a new culture and community. The program helps them with education, employment, and independent living skills.

That’s what ‘do at New Roads, and here is what it means.

At the end of the year, the young men at our New Roads program decided to invite their

teachers from the local high school over for dinner. The staff were more than a bit surprised, ‘Wait, who invited you to dinner? How many? Who is cooking?’ But they were over the moon at this demonstration that the boys embraced New Roads as their home. Staff also noted it was a vital step toward recognition of the New Roads program.
Family, but Daniel was strongly committed to his old daughter, “Kelly” was living with a foster family, but Daniel was strongly committed to his old daughter, “Kelly” was living with a foster family. Daniel’s story illustrates the resources in the community. The Healthy Families Need a Healthy Start program has four components: parenting education & outreach; present & in-school support; substance use disorder services; and wraparound services to other resources in the community. Daniel’s story conveys the importance of meeting parents where they are and walking with them on their parenting journey.

“Daniel” enrolled in our Healthy Start program after leaving prison. Two-and-a-half-year-old daughter, “Kelly” was living with a foster family, but Daniel was strongly committed to his old daughter, “Kelly” was living with a foster family. Daniel’s story inspires the resources in the community. The Healthy Families Need a Healthy Start program has four components: parenting education & outreach; present & in-school support; substance use disorder services; and wraparound services to other resources in the community.
When his family moved out of the county without him, “Roberto” slept on the street for three months before he found shelter at the Landing, Friends of Youth’s young adult shelter in Redmond. He was connected to our Housing Navigators who referred him to New Ground Kirkland our transitional housing in Kirkland. He struggled with anxiety, panic attacks and social interactions and even after moving in Roberto would still isolate himself from other residents, taking the communal TV to play video games all day.

After seven months of working with his Case Manager, Roberto has made great strides. He decided to get a job as a way to make friends. After seven months of working with his Case Manager, Roberto has made great strides. He decided to get a job as a way to make friends.

Stepped into the world of work, Roberto began volunteering at the local pet shelter. To prepare, our Employment Specialist helped Roberto get an internship at a pet shelter, where he is developing compassionate bonds. He is now talking to his mother regularly and receiving both emotional and financial support from her.

Recently, when a new roommate moved in, Roberto spent hours cleaning his room to maintain a tidy space. He is now talking to his mother regularly and receiving both emotional and financial support from her.

“Roberto” is now a regular at the local pet shelter, where he volunteers his time. He is now talking to his mother regularly and receiving both emotional and financial support from her. He continues to work toward a self-sufficient and stable future.

**Homeless Youth Services Outcomes**

<table>
<thead>
<tr>
<th>Service</th>
<th>FY2018 Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diversion</td>
<td>17</td>
</tr>
<tr>
<td>Housing Navigator</td>
<td>106</td>
</tr>
<tr>
<td>Street Outreach Substance Use Disorder</td>
<td>199</td>
</tr>
<tr>
<td>Drop-In</td>
<td>323</td>
</tr>
<tr>
<td>Education</td>
<td>92</td>
</tr>
<tr>
<td>Employment</td>
<td>64</td>
</tr>
<tr>
<td>Host Homes</td>
<td>2</td>
</tr>
<tr>
<td>Landing</td>
<td>190</td>
</tr>
<tr>
<td>Mental Health Resource Support</td>
<td>14</td>
</tr>
<tr>
<td>Rapid ReHousing</td>
<td>33</td>
</tr>
<tr>
<td>Specialized Client Services</td>
<td>56</td>
</tr>
<tr>
<td>Transitional Living</td>
<td>261</td>
</tr>
</tbody>
</table>

and earn money. To prepare, our Employment Specialist helped Roberto get an internship at a pet shelter, where he is developing compassionate bonds. He is now talking to his mother regularly and receiving both emotional and financial support from her.

Recently, when a new roommate moved in, Roberto spent hours cleaning their shared apartment. He reports being a lot happier and hopeful about the future and continues to work toward a self-sufficient and stable future.

**Homeless Youth Services**

Shelter, Housing, Employment and Support—A Recipe for Success

When his family moved out of the county without him, “Roberto” slept on the street for three months before he found shelter at the Landing, Friends of Youth’s young adult shelter in Redmond. He was connected to our Housing Navigators who referred him to New Ground Kirkland our transitional housing in Kirkland. He struggled with anxiety, panic attacks and social interactions and even after moving in Roberto would still isolate himself from other residents, taking the communal TV to play video games all day.
Friends of Youth is grateful to the many individuals, foundations, and corporations whose gifts help change the lives of youth. We have taken great care to accurately list all of our donors. We sincerely apologize for any misspellings or omissions and would appreciate the opportunity to correct these. Please email our Development Team at devsupport@friendsofyouth.org with any updates or corrections.
Honoring Our Volunteers

We are lucky to have hundreds of people who give of themselves in support of the young people we serve. Some of them cook, bringing delicious dinners to our shelter each night. Some tutor refugee and immigrant youth who are enrolled in an American school for the first time. Some paint apartments in our transitional housing programs, some babysit so that our young parents can attend house meetings, some stuff envelopes, some help with our annual holiday giving program and some, the intrepid, weed and help with landscaping at one of our 27 sites.

We are so grateful for our amazing volunteers. Here are a few photos from volunteer projects in FY2018. So many happy faces—who leave so many happy faces behind when they wrap up their volunteer time with us.

Our FY 2018 Investments in Youth: $14,259,733**

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Residential Treatment</td>
<td>$6,135,655</td>
<td>43%</td>
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<tr>
<td>Homeless Youth Services</td>
<td>$3,335,449</td>
<td>23%</td>
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<tr>
<td>Youth and Family Services</td>
<td>$2,657,423</td>
<td>19%</td>
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<tr>
<td>Management and General</td>
<td>$1,512,588</td>
<td>11%</td>
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<tr>
<td>Fundraising</td>
<td>$618,618</td>
<td>4%</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td>$14,259,733</td>
<td>100%</td>
</tr>
</tbody>
</table>

*Includes $581,062 depreciation expense

FY 2018 Revenue and Support: $14,754,845

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Federal, State, Local Fees and Grants</td>
<td>$10,458,762</td>
<td>71%</td>
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<tr>
<td>Contributions and Special Events</td>
<td>$2,996,429</td>
<td>20%</td>
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<tr>
<td>United Way</td>
<td>$413,823</td>
<td>3%</td>
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<tr>
<td>Fees for Service</td>
<td>$284,664</td>
<td>2%</td>
</tr>
<tr>
<td>Investment Income/Other</td>
<td>$76,378</td>
<td>–</td>
</tr>
<tr>
<td>Capital Campaign</td>
<td>$524,789</td>
<td>4%</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>$14,754,845</td>
<td>100%</td>
</tr>
</tbody>
</table>
FY2018 Board of Directors

William Savoy, Chair
Former President, Vulcan

Cecelia Porto, Vice-Chair
Senior Director, Finance, Microsoft

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Owner, Crocker Group

Andrew Bartram, Treasurer
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Terry Pottmeyer
President & CEO, Friends of Youth

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