



News Release

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Friends of Youth Seeks Support of Teen Feed Program

Redmond, Wash. – The Kirkland Teen Union Building (KTUB), a youth development program run by Friends of Youth, is seeking meal donors and volunteers for its Teen Feed program, which provides meals for up to 100 young people every Friday night at 6 p.m.

KTUB's Teen Feed program serves approximately 237 meals per month. An estimated 68% of those meals were served to the greater Kirkland residents aged 13 – 19 who often come from unstable and abusive situations. The Teen Feed program is entirely volunteer run. Meals are donated and served by a variety of local community groups, and youth volunteers help to set up and clean up after meals.

For more information regarding the Teen Feed program, contact Amanda Hightower, Outreach Coordinator, at (425) 653-4850, or Outreach@FriendsofYouth.org.

About Friends of Youth:

Friends of Youth is a non-profit agency dedicated to supporting youth and their families in King and Snohomish counties. Friends of Youth provides a broad range of services to improve its clients' emotional stability and self-sufficiency, including homeless shelters, transitional housing, outreach, mental health counseling, and substance abuse prevention and treatment. For more information, visit www.FriendsofYouth.org, or phone (425) 869-6490.

About the Kirkland Teen Union Building (KTUB):

KTUB is a recreation, resource, and arts center that strives to meet and exceed the social and cultural needs of the young people in Kirkland and the nearby regions. Its mission is to empower teens to become active, caring and responsible members of the community. KTUB boasts a youth-run café, two stages for live performance, an audio recording studio, a photography darkroom, an art studio, a hang-out lounge, and a technology lab. For more information, log on to www.KTUB.org, or phone (425) 822-3088.

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