

Staying Connected with Your Teen

Parents of 8 -10th graders ~ Learn proven strategies for avoiding issues like teen substance abuse while promoting your child's growing need for independence.



Dates & Times:

5 Wednesdays

2/29 – 3/07 – 3/14 – 3/21 – 3/28

6:00-8:00 pm

*Sessions 4 & 5:

Teens attend with parents

Location: Mount Si High School

\$30.00 for class workbook
scholarships available

"This course is valuable to every parent anywhere."

"Empowering solutions."

"I liked all the skill building we did."

"New tools I can apply immediately."

"I would highly recommend it to other parents."

These active learning sessions cover:

Week 1- Understanding the Teen Brain

Week 2- Making Decisions – Solving Problems

Week 3- Getting Teens Involved – Family Policies

Week 4- Communication – The Power of Feelings

Week 5- Peer Influence – Refusal/Negotiation Skills

To register: <http://www.friendsofyouth.org/parentingRegistration.aspx>

For more information: Phoebe 425-888-6683 x 204 or phoebe@friendsofyouth.org

Class being offered by Friends of Youth and funded by King County's Alcohol & Other Drug Prevention Program - Division of Behavioral Health & Recovery
The Snoqualmie Valley School District neither sponsors nor endorses this event and the District assumes no responsibility for it.
This event is endorsed by the SVSD PTSA Council and is receiving funds from SVSD PTSA.

