

Guiding GOOD CHOICES

Parents of 5- 8th graders ~ Come learn proven strategies for avoiding teen substance abuse and skills for strengthening your family's connections.



Dates & Times:

Thursdays
3/01 – 3/08 – 3/15 – 3/22
& **Tuesday** – 3/27

6:00-8:00 pm

Session 5:
Youth attend with parents
Free Pizza!

Beaver Lake Middle School

\$30.00 for class workbook
scholarships available

“This class should be required for all middle school parents.”

“Great discussions, networking and practical strategies.”

“I feel better now that our family policies are in order.”

“Gave me new information, perspectives and ideas.”

These active learning sessions cover:

Week 1 - How to Prevent Drug Use

Week 2 - Setting Healthy & Clear Standards

Week 3 - Managing Conflict & Strong Emotions

Week 4 - Strengthening Family Bonds

Week 5 - How to Say NO to Trouble

To register: <http://www.friendsofyouth.org/parentingRegistration.aspx>

For more information: Sara: 425-888-4151 x 201 or sara@friendsofyouth.org

Class being offered by Friends of Youth and funded by King County's Alcohol & Other Drug Prevention Program - Division of Behavioral Health & Recovery
The Issaquah School District neither sponsors nor endorses this event and the District assumes no responsibility for it.

This event is endorsed by and funded in part by the Issaquah Community Network.

