

Guiding GOOD CHOICES

Come join other middle school parents to learn proven strategies for avoiding substance abuse and other risk behaviors that are facing our teens.



Dates & Times:

5 Tuesdays

10/4 - 10/11 - 10/18 - 10/25 - 11/01

6:00-8:00 pm

Session 5:

Youth attend with parents
Free Pizza!

Location: Chief Kanim MS

**\$30.00 fee for class workbook
scholarships available**

"This class should be required for all middle school parents."

"Great discussions, networking and practical strategies."

"I feel better now that our family policies are in order."

"Gave me new information, perspectives and ideas."

These active learning sessions cover:

Session 1 - How to Prevent Drug Use

Session 2 - Setting Healthy & Clear Standards

Session 3 - Managing Conflict & Strong Emotions

Session 4 - Strengthening Family Bonds

Session 5 - How to Say No to Trouble

To register: <http://www.friendsofyouth.org/parentingRegistration.aspx>

For more information: Phoebe 425-888-6683 x 204 or phoebe@friendsofyouth.org

Class being offered by Friends of Youth and funded by King County's Alcohol & Other Drug Prevention Program - Division of Behavioral Health & Recovery
The Snoqualmie Valley School District neither sponsors nor endorses this event and the District assumes no responsibility for it.
This event is endorsed by the SVSD PTSA Council and is receiving funds from the CKMS PTSA.